



## ARC Timetable

Times	Monday	Tuesday	Wednesday	Thursday	Friday
10:00-12:00	Pampering	Cooking	Pampering	Cooking	Pampering
	Cooking	Arts & Crafts	Cooking	Drama	Cooking
		Yoga	Yoga		
12:00-12:20	Earlies Lunch				
13:00-15:00	Cooking	Cooking	Intensive Interaction	Cooking	Cooking
	Sugar Paste Modelling	Fitness	Sugar Paste Modelling	ARC Basketball	Pampering
	Arts & Crafts	Bingo	Cooking	Discussion	Pottery
	Pampering	Pottery	Pampering	Arts & Crafts	Intensive Interaction
		Cavendish Choir, Tea & Coffee			
18:00-20:00	Music	Fitness	Sensory Art	Creative Building Blocks	Mixed Activities
	Pampering	Drama	Pampering	Sugar Paste Modelling	Sensory Art

### Mixed Activities

Week 1 - Skittles

Week 2 - Creative Building Blocks

Week 3 - Cinema

Week 4 - Disco

### Sensory Room

Monday to Friday

1 hour sessions

10.00 am - 20.00 pm